

Abigail Sheppard

Abigail Sheppard began her professional ballet training at the age of 11 with Canada's National Ballet School. After graduating from the prestigious school, she moved to Amsterdam to study with the Dutch National Ballet Academy and perform with the Dutch National Ballet.

From 2012 until 2015, Abigail was a dancer with the Estonian National Ballet. In 2014 she was awarded the ERGO Dance Award, and was promoted to Demi Soloist in 2015.



Since the fall of 2015, Abigail has been a dancer with the Finnish National Ballet, rising to the rank of Principal Dancer in 2019.

Her repertoire includes a vast array of classical and contemporary roles. These include Aurora (Sleeping Beauty), Sylvia (Sylvia), Kitri (Don Quixote), Swanilda (Coppelia), Cinderella (Cinderella), Clara (The Nutcracker and the Mouse King), as well as leading roles in works by Marco Goecke, Wayne McGregor, Nacho Duato, Angelin Preljocaj, and Jorma Elo, among others.

For more information on Abigail's career please have a look at [her CV](#).